Grand Rounds
Fridays from 7:00 am – 8:00 am St. Charles Bend, Classrooms A-D
and broadcast live via videoconference to Madras, Pineville, Redmond, Burns, John Day and Lakeview

January 3, 2014 – No Grand Rounds
January 10, 2014

**The Role of Nutrition in Cancer Prevention**

John A. Tayek, MD, Director of Community Health Plan, Harbor UCLA Medical Center

Objectives:
1. Describe the evidence suggesting that a low-fat diet may reduce the risk of ovarian cancer.
2. Review the evidence that low vitamin D levels are associated with a 2- to 3-fold increased risk for lung cancer in non-smokers.
3. Review data that a diet high in Omega 3 (fish oil) may reduce one’s risk for breast cancer.

**January 17, 2014**

**“Understanding and Implementing the New Definition of Malnutrition”**

Tereso Scollard, MBA, RD, LD, Regional Clinical Nutrition Manager, Providence Nutrition Services

Objectives:
1. Examine updates on the relationship of inflammation, serum albumin and relationship to adult disease-related malnutrition.
2. Increase understanding to apply the (2012) international consensus characteristics for adult disease-related malnutrition and their application in patient care.
3. Demonstrate how consistent documentation enables clinicians to better establish prevalence of malnutrition and in turn target cost-effective interventions.
4. Examine in-office and hospital tools to reduce incidence and identify patients at risk for adult disease-related malnutrition.
5. Discuss future care models to prevent the negative economic impact of adult disease-related malnutrition. * #

**January 24, 2014 – TRAUMA CME**

**“Resuscitation 2014”**

Martin Schreiber, MD, Chief, Division of Trauma, Critical Care and Acute Care, OHSU

Objectives:
1. To discuss the significance of hemorrhage as a source of death after trauma.
2. To define the etiology of coagulopathy after trauma.
3. To discuss the goals of resuscitation after trauma.
4. To discuss current and novel strategies for the resuscitation of trauma patients.
5. To discuss adverse events associated with blood transfusions. *

**January 31, 2014**

**The Quality, Safety, and Value Movements: Why Transforming the Delivery of Healthcare is No Longer Elective**

Robert M. Wachter, MD, Professor and Associate Chair of the Department of Medicine at the University of California, San Francisco

Objectives:
1. In this talk, Dr. Wachter will review the brief history of the quality and safety movements, the new push for “value” (quality + safety + patient satisfaction divided by cost), and how all of these levers (accreditation, regulation, transparency, payment changes) are combining to create unprecedented pressure on caregivers and delivery organizations to change their ways of doing business. Rather than being depressed, participants will leave with a deep understanding of healthcare’s new landscape, and a roadmap (and some optimism) for success in this new world. * #

**February 7, 2014**

**“Management of Non-muscle Invasive and Invasive Bladder Cancer”**

Brian T. O’Hollaren, MD, Bend Urology Associates

Objectives:
1. Describe the signs and symptoms, diagnostic stage and staging of bladder cancer.
2. Identify treatment strategies for non-muscle invasive and muscle invasive bladder cancer.
3. Address nonsurgical options currently employed (x-ray therapy, chemotherapy), and strategies when surgical options fail. *

**February 14, 2014**

**“Recognizing Cyclic Vomiting Syndrome in the Emergency Department and Beyond”**

Thangam Venkatesan MD, Associate Professor of Medicine, Fellowship Director, Division of Gastroenterology and Hepatology, Department of Internal Medicine

Co-presenter: Karen Nelson, RN, FNP/NDP-S, University of Portland

Objectives:
1. Discuss the historical perspective and epidemiology of CVS. 2. List the diagnostic criteria and clinical presentation for CVS. 3. Discuss the clinical profile of CVS including common co-existing conditions in adults.
4. Discuss current theories of pathogenesis.
5. Discuss diagnostic test and differential diagnosis and current treatment guidelines.
6. Discuss how an individualized care plan for CVS diagnosed patients will improve patient outcomes and decrease visits to the ED. *

**February 21, 2014**

**“ICD-10: Are You Ready?”**

Timothy Schulte, MD, DCBA, Inc., Atlanta, Georgia

Objectives:
1. Understand the future of the practice of medicine in the value-based era.
2. Demonstrate knowledge of ICD-10 requirements and its effect on physician billing.
3. Demonstrate how physicians and hospitals can work together to improve a physician’s profile and benefit their patients.

**February 28, 2014**

**“Updates in Hospital Medicine”**

Michelle Mourad, MD, Assistant Professor, Division of Hospital Medicine University of California San Francisco

Objectives:
1. Review 10 articles that will change or confirm current hospital medicine practices.
2. Describe possible changes in the use of risk stratification & diagnostic tests for hospitalized medical patients.

**March 7, 2014**

**“Compassion Fatigue: Theory, Neuroscience, and Practical Protective Factors”**

Christopher Wilson, Psy D Psychologist, Psychologist, Portland, OR

Objectives:
1. Understand the neuroscience behind the theory that suggests compassion fatigue and empathy have a counterintuitive relationship.
2. Understand the risk factors for compassion fatigue.
3. Understand three protective factors for coping with situations that may lead to compassion fatigue.

**March 14, 2014**

**“Update on HIV Drug Therapy: A Case-based Discussion”**

Phillip M. Grant, MD, Assistant Professor, Division of Infectious Diseases, Department of Medicine Stanford University

Objectives:
1. Understand the optimal choices of antiretroviral medications in antiretroviral-naive HIV-infected individuals with challenges to treatment success including poor adherence, co-morbidities, high viral load, advanced HIV, etc.
2. Understand the limitations and advantages of newly approved and soon-to-be approved live antiretroviral medications when compared to older antiretroviral medications.
3. Understand appropriate switch strategies in virologically-suppressed antiretroviral-experienced HIV-infected patients.

**March 21, 2014**

**“Transfer of Patients with Type 2 Diabetes to Insulin: How to Talk to the Patient During this Transition”**

E. Miller, DO, Family Medicine, High Lakes Health Care, Sisters

Objectives:
1. Educate physicians on the importance of reducing barriers to self-management both within and outside of the clinic setting.
2. Address the nature and the skills needed to identify and resolve barriers to adherence.
3. Present highlights from the 2013 Advanced Insulin Management meeting.

**March 28, 2014 – No Grand Rounds – Spring Break**

Monthly Clinical Conferences
- Cancer Clinical Conference (Tumor Board) Each Wednesday at 7:00 am CR & D St. Charles Bend, live broadcast to Redmond, Pineville *
- Cardiac Clinical Conference (STEMI: Hospital ED Door to Reperfusion) 2nd Tuesday, 7:00 am Classroom C&D St. Charles Bend, live broadcast to Madras, Pineville, Redmond, Burns, John Day, Lakeview *
- Endocrinology Conference March 18 (Quarterly 3rd Tuesday) at 7:00 Classroom A St. Charles Bend *
- Hematology Conference 2nd Monday, at 5:30 pm location varies St. Charles Bend *
- Multidisciplinary Breast Conference Each Thursday at 7:00 am Classroom C&D St. Charles Bend, live broadcast to Pineville *
- Neuro radiology Conference 4th Thursday, at 7:00 am location varies St. Charles Bend, live broadcast to Redmond.

Other CME:
- ACLS Courses and PALS Courses Kasey Gross, AHA Training Coord. (go to www.stcharleshealthcare.org, “I’m looking for” classes and events, AHA) *
- Internet Point of Care CME - (Call CME office for details) *
- OHSU Psychiatry Grand Rounds via live videoconference 1st, 3rd and 4th Tuesdays at 12:00 pm. St. Charles Bend, classrooms vary. See topic details at www.ohsu.edu and search “Psychiatry Grand Rounds” *

Questions re: CME or Clerkship Program? Call Tracy Parmele, BA, CPHSW 541.756.2665 or email parmele@stcharleshealthcare.org
Miss a Grand Rounds? www.stcharleshealthcare.org
Click on tab, “For Professionals”, Continuing Medical Education/Grand Rounds Archive